



SPECIAL TARIFF FOR YOGA & MEDITATION RETREAT @ BEGNAS LAKE RESORT & VILLAS

	ONE WEEK (8DAYS / 7NIGHTS)	TWO WEEKS (15DAYS / 14NIGHTS)
Single Occupancy	Euro 903	Euro 1498
Double/Twin share	Euro 763	Euro 1218

Our above per person costs include the following services:-

- Accommodation at Begnas Lake Resort on "fullboard" (vegetarian Ayurveda meals) for the entire duration of the Yoga & Meditation retreat course with seasonal fruits/juices and specially prepared Ayurvedic drinks.
- Consultations with our resident Yogacharya & Ayurveda Doctor for specific individual Yogic exercise requirements.
- Daily Yoga & Meditation sessions (Mornings & Evenings) under supervision of our Yogacharyas.
- 1 night at the Summerhill House in Kathmandu (on arrival day) on "Bed & Breakfast" basis.
- Round trip transportation for travel on sectors Kathmandu/Pokhara and Pokhara/Kathmandu - one way by private air-conditioned car and one way by flight.
- All necessary airport transfers in Kathmandu and Pokhara.
- Day use room at Summerhill House, Kathmandu if required, for comfortable outbound flight connection on the day of departure from Nepal.

For additional nights' courses, please note our charges will be calculated on "pro-rata" based on the applicable weekly rate given above for the required classes. All other non-specified beverages, snacks, foodstuff, laundry and telephone bills etc; will be charged extra. The Yoga & Meditation retreat packages offered above are for the **full duration** of 7 nights or 14 nights at The Begnas Lake Resort plus the arrival night's arrangement in Kathmandu together with private surface transportation to Pokhara, domestic airfare PKR/KTM, day use room at Summerhill House on the day of departure and all required airport transfers.

Regarding journey to/from Pokhara valley, we reserve the right to switch around travel surface/air depending on prevailing road condition and airseat availability even after the guest's arrival in Nepal.

The above special rates are effective from 1st October 2016 and valid till 30th September 2017.

Please note, above mentioned package costs are subject to current govt. taxes (10% Service Charge & 13% VAT)

