



“SUMMER SPECIAL - 2019”
(Special Discounted Offer valid from 1st May till 30th September 2019)

Himalayan Panchakarma (Combination of BODY PURIFICATION & REJUVENATION Therapies)

Accommodation	One Week (8D/7N) + 1 Treatment Night Free	Two Weeks (15D/14N) + 2 Treatment Nights Free	Three Weeks (22D/21N) + 3 Treatment Nights Free
Single Occupancy	€1050	€1862	€2688
Double/Twin share	€889	€1638	€2352

Our above per person costs include the following arrangement:-

- ❖ Ayurveda doctor consultation, regular supervision, Ayurveda medicines as required, daily treatment by trained therapists from Kerala and Nepal, accommodation on "fullboard" (vegetarian Ayurvedic meals) for the entire duration of the treatment with seasonal fruits/juices and specially prepared Ayurvedic drinks.
- ❖ Daily Yoga exercises as prescribed by our resident Ayurveda doctor and Yogacharya.
- ❖ 1 night at the Summerhill House in Kathmandu (on arrival day) on “Bed & Breakfast” basis.
- ❖ Round trip transportation for travel on sectors Kathmandu/Pokhara and Pokhara/Kathmandu – one way by private air-conditioned car and one way by flight.
- ❖ All necessary airport transfers in Kathmandu and Pokhara.
- ❖ Day use room at Summerhill House, Kathmandu if required, for comfortable outbound flight connection on the day of departure from Nepal.

All other personal expenses not covered by the above packages such as; drinks, snacks, foodstuff, laundry and telephone bills charges etc; will be extra.

For additional nights' treatment if desired, please note our charges will be calculated on “**pro-rata**” based on the applicable weekly rate given above for the required treatment/s. The Ayurveda package offered above is for the **full duration** of 7 nights, 14 nights or 21 nights at The Begnas Lake Resort, Pokhara. To facilitate the journey to Pokhara valley, the arrival night's arrangement in Kathmandu together with private surface transportation to Pokhara, domestic airfare PKR/KTM, day use room at Summerhill House on the day of departure and all required airport transfers are included in the above Special Offer packages. In order to qualify for the bonus “Free Treatment Nights” guests need to stay for the full duration of the treatment package. “Free Treatment Nights” include; accommodation on vegetarian “fullboard” plus the full Ayurveda treatment.



Regarding journey to/from Pokhara valley, we reserve the right to switch around travel surface/air depending on road condition and airseat availability even after the guest's arrival in Nepal.

***Please note, above mentioned package costs are subject to current govt. taxes
 (10% Service Charge & 13% VAT)***

