



**High Season Ayurveda Treatment package tariff for the periods:**

**1<sup>st</sup> October 2023 till 30<sup>th</sup> November 2023  
&  
1<sup>st</sup> March 2024 till 30<sup>th</sup> April 2024**

**Himalayan Panchakarma (combination of BODY PURIFICATION & REJUVENATION Therapies)**

	<b>ONE WEEK (8DAYS / 7NIGHTS)</b>	<b>TWO WEEKS (15DAYS / 14NIGHTS)</b>	<b>THREE WEEKS (22DAYS / 21NIGHTS)</b>
<b>Single Occupancy</b>	Euro 1260	Euro 2240	Euro 3213
<b>Double/Twin share</b>	Euro 1078	Euro 1988	Euro 2835

**Our above nett per person costs include the following arrangement:-**

- ❖ 1 night stay at the Summerhill House in Kathmandu (on arrival day) on “Bed & Breakfast” basis.
- ❖ Day use room at Summerhill House, Kathmandu if required, for comfortable outbound flight connection on the day of departure from Nepal.
- ❖ Round trip transportation for travel on sectors Kathmandu/Pokhara and Pokhara/Kathmandu - one way by private air-conditioned car and one way by flight.
- ❖ Accommodation at Begnas Lake Resort in air-conditioned Superior room on "full board" (freshly cooked to order meals from our special a' la carte Vegetarian Ayurveda menu) for the entire stay with seasonal fruits/juices and specially prepared Ayurvedic drinks.
- ❖ Ayurveda doctor consultation, regular supervision, all required Ayurveda medicines and daily treatments conducted by trained Therapists.
- ❖ Daily Yoga exercises as prescribed by our resident Ayurveda doctors and Yogacharyas.
- ❖ All necessary airport transfers in Kathmandu and Pokhara.

**All other personal expenses not covered by the above packages such as; drinks, snacks, foodstuff, laundry and telephone bills charges etc; will be extra.**

For additional nights' treatment if desired, please note our charges will be calculated on “**pro-rata**” based on the applicable weekly rate given above for the required treatment/s. The Ayurveda package offered above is for the **full duration** of 7 nights, 14 nights or 21 nights at The Begnas Lake Resort, Pokhara. To facilitate the journey to Pokhara valley, the arrival night's arrangement in Kathmandu together with private surface transportation to Pokhara, domestic airfare PKR/KTM, day use room at Summerhill House on the day of departure and all required airport transfers are included in the above Ayurveda package.



For specific Ayurveda treatments (as per guest's special requirement there will be no extra charge for additional medicines unless we need to import the same during an emergency.

Regarding journey to/from Pokhara valley, we reserve the right to switch around travel surface/air depending on road condition and air seat availability even after the guest's arrival in Nepal.

